Safety Town
August 7th-11th, 2017
Monday through Friday
8:30 a.m. - 12:15 p.m.

Five-day Safety Camp
Personal Safety, Bicycle Safety, Pedestrian Safety,
Fire Safety, Water Safety, Animal Safety, Electrical
Safety, School Bus Safety, Poison Awareness,
When/How to Call 911

Registration
Online: www.cprdnewberg.org
In Person: Chehalem Aquatic Center
1802 Haworth Avenue
Phone: 503.537.2909

For: Kids entering Kindergarten or 1st grade
When: August 7th – 11th  8:30 a.m. – 12:15 p.m.
Where: Armory/Youth Building - 620 N. Morton Street
Cost: Early: $50 in district / $60 out of district
      Regular: $60 in district / $70 out of district

Safety Town is a joint effort by the Newberg-Dundee Police Department and
Chehalem Park and Recreation District. For more information, contact
Matt Compton (CPRD) at 503-519-5747.

Register early to ensure your child’s spot in this popular camp!
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Sign Up Early to Save Money and Save your Spot
Early registration discount ends 5 calendar days prior to
the beginning of a class or event. All prices listed in this
catalogue are regular registration prices.

In District vs. Out of District Pricing
Throughout this catalogue you will see prices listed as
$$/$$. The first number is the in district (Newberg
resident) cost and the second is out of district.

Register Online Anytime!
Visit the Chehalem Parks and Recreation webpage at
www.cprdnewberg.org. Click “Online Registration”, login
to your account (or create one) and find your class, follow
the link and add to cart!

Register In Person!
We are always happy to help you in person too! Visit or
call (503-537-2909) our Aquatic Center and one of our
friendly front desk staff members will get you registered.

Share Your Talent
We are always looking for new instructors. If
you have a special talent or interest and you
love to share your knowledge with others
please consider becoming an instructor. Call
if you are interested 503-519-5747.

Birthday Parties
Available Sundays
Contact: 503-519-5747
Parties include activity time and use of party room for
cake and presents (not provided).

*NEW* Dodgeball Birthday Parties
Dodgeball is a fun and exciting, fast paced party
experience suitable for any age from 8 and up. The players
use our Soft Rhino Skin Dodge balls that don’t sting like
the dodgeballs of yore. The Tumble Trak and Mini
Mountain are available for use.
$160 for up to 20 people.

Nerf Battle Birthday Parties
Nerf Battle is an exhilarating party experience suitable for
ages 8 and up. The players use Nerf guns, which fire safe
foam darts, as they play games in the Nerf Battle Zone.
$160 for up to 20 people.

Gymnastics Birthday Parties
Enjoy two hours of fun! Experience gymnastics with a
skilled instructor as they guide you through 4 gymnastics
events: beam, vault, bars, and floor
$160 for up to 10 people.
$20 for each 10 additional guests.

Zumba® Kids Dance Birthday Parties
Enjoy two hours dancing Zumba for Kids with a skilled
instructor as they dance & play with the party goers. The
Tumble Trak and Mini Mountain are available for use.
$160 for up to 20 people.

*Our Mission*
The mission of Chehalem Park and
Recreation District is to connect and enrich
our community through parks, recreation,
open space, natural resources, and educational
opportunities.
Summer Camps

Safety Town Summer Camp 5-6 years
(Entering Kindergarten or 1st grade in fall of 2016)
Chehalem Armory 620 N Morton
Monday - Friday 8:30 a.m. – 12:15 p.m.
August 7 – 11 Cost: $60/70
Safety Town is a week long day camp co-sponsored by Newberg-Dundee Police and Chehalem Park and Recreation District. This safety focused program will emphasize a variety of safety subjects, animal safety, poison awareness, bus safety, water safety and more all with fun for the kids all week long! (includes camp T-shirt)

Math Gamers Summer Camp
Active Games
Kathy Cvetko 7 - 12 years
CPRD Falcon Crest Room 125 S. Elliott Road
Monday - Friday 10:00 a.m. – 11:30 a.m.
July 24th – 28th Cost: $130/154
Everyone likes to play games, especially active ones that keep us moving! These games are special, because they help kids avoid the math “brain drain” of summer! They’ll be having so much fun playing, they’ll forget they’re learning and keeping their math skills sharp! (includes camp T-shirt)

Wood Shop Summer Camp
John Caputo 11 – 14 years
Chehalem Valley Middle School
Monday – Friday 1:00 p.m. – 5:00 p.m.
June 26th – 30th Cost: $110/$130
Learn to create and produce amazing masterpieces

Wood Shop Summer Camp
John Caputo 14 – 16 years
Chehalem Valley Middle School
Monday – Friday 1:00 p.m. – 5:00 p.m.
July 17th – 21st Cost: $110/$130
Learn to create and produce amazing masterpieces

LEGO Summer Camp – Intro to STEM
Lego Engineer 5-7 years
CPRD District Office Falcon Crest Room
Monday – Friday 9:00 a.m. – 12:00 p.m.
August 21st – 25th Cost: $210/$250
Tap into your imagination with tens of thousands of LEGO parts! Build engineer-designed projects such as boats, snowmobiles, catapults and merry-go-rounds. Then use special pieces to create your own unique design!

LEGO Summer Camp – Intro to STEM
Lego Engineer 8 - 11 years
CPRD District Office Falcon Crest Room
Monday – Friday 1:00 p.m. – 4:00 p.m.
August 21st – 25th Cost: $210/$250
Tap into your imagination with tens of thousands of LEGO parts! Build engineer-designed projects such as boats, snowmobiles, catapults and merry-go-rounds. Then use special pieces to create your own unique design!

*New Class* Zombie Summer Camp
Outdoor Survival Skills
Daniel Coyle 9 - 14 years
Joe Dancer Park 1650 SE Brooks St, McMinnville
Monday – Friday 9:00 a.m. – 4:00 p.m.
July 24 – 28 Cost: $305/$364
This course takes nature exploration to a whole new level. Campers use increasingly complicated scenarios such as getting lost, accidents in remote places and dealing with the Zombie Apocalypse to develop real survival skills such as natural shelters, fire skills, traps, navigation, primitive skills, first aid and more!

Crafternoons Summer Camp – Art Around the World 6 - 11 years
Jill Johnson
CPRD District Offices Falcon Crest Room
Monday – Friday 10:00 a.m. – 12:15 p.m.
July 31st – August 4th Cost: $100/$118
Discover art and music from around the worlds. We will learn about each culture and create crafts from Mexico, Japan, Australia, Africa and more!
Crafternoons Summer Camp –
Doodle Embroidery Art  9-16 years
Jill Johnson
CPRD District Offices  Falcon Crest Room
Monday, Tuesday, Wednesday  10 a.m. – 12 p.m.
August 7th, 8th, 9th  Cost: $70/$80
Using simple stitches and fun designs, each student will create their own 5X7 framed masterpiece. Bring in your own doodle designs or if you are timid in your drawing skills, we will provide patterns to choose from. No sewing experience necessary.

Crafternoons Summer Camp –
Fairies are Fun!  7-12 years
Jill Johnson
CPRD District Offices  Falcon Crest Room
Monday – Thursday  10:00 a.m. – 12:15 p.m.
August 14th – August 17th  Cost: $84/$94
Do you believe in Fairies? Learn about fairy lore through experiences that spark the imagination in this fun arts adventure. Create magical masterpieces using materials such as polymer clay, paint, glue, sticks, stones, and of course, glitter to build a home, fairies. Let your inner fairy fly free!

Acting Camp for Teens  12-16 years
Rhachele Meyer  Meyer School of Fine Arts
Monday – Thursday  1:00pm -3:00pm
June 19 - 22  Cost: $70/82
Spend a week honing your craft, delve into characterization by the use of props, costumes and accents. Learn to recite monologues and siliques, as well as read scripts and perform them with a group. You will feel born to be on stage with this camp! Wet your feet and give you a jump-start into auditioning for plays looking for young actors in the area

Theater Camp  5-8 years
Rhachele Meyer  Meyer School of Fine Arts
Monday – Thursday  1:00pm -3:00pm
June 26 - 29  Cost: $70/82
Kings fighting pirates, Queen of the fairies conducting her court; spend all week honing your craft. Delve into characters by the use of props, costumes and accents. You will feel born to be onstage with this camp! Wet your feet and give you a jump-start into auditioning for plays looking for young actors in the area.

Drama Summer Camp –
Super Heroes
Kathleen Jones  5 – 14 years
Chehalem Armory  Main Hall
Monday - Friday  9:00 a.m. - 12:00 p.m.
July 24 – 28  Cost: $76/$90
Learn performance skills in singing, acting and dancing and then put them together in a musical production which we will be performing for our parents at 11:30 am on Friday. (includes Camp T shirt)
Olympic Taekwondo Summer Camp

**Star Wars Jedi Swords – Attitude**

US World Class Taekwondo 5 - 11 years  
Chehalem Armory  
Monday – Friday 9:00 a.m. - 3:00 p.m.  
June 26th – June 30th  
Cost: $210/$250

Learn energizing foam sword combat and deflecting, and build confidence, learn self – defense, increase concentration, improve self – discipline, focus on anti-bullying, leadership, self-defense and develop the “yes I can” winning attitude with this fun & exciting introduction to Taekwondo! (includes camp T shirt)

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**Olympic Taekwondo Summer Camp**

**Foam Nunchucks–Balance & Coordination**

US World Class Taekwondo 5 - 11 years  
Chehalem Armory  
Monday – Friday 9:00 a.m. - 3:00 p.m.  
July 17th – July 21st  
Cost: $210/$250

Learn basic nunchuck striking and dynamic choreographed techniques, and build confidence, learn self – defense, increase concentration, improve self – discipline, focus on anti-bullying, leadership, self-defense and develop the “yes I can” winning attitude with this fun & exciting introduction to Taekwondo! (includes camp T shirt)

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**Olympic Taekwondo Summer Camp**

**Nerf Wars – Honor and Honesty**

US World Class Taekwondo 5 – 11 years  
Chehalem Armory  
Monday – Friday 9:00 a.m. - 3:00 p.m.  
August 14th – August 18th  
Cost: $210/$250

Nerf Guns! Work on your skillful targeting and build confidence, learn self – defense, increase concentration, improve self – discipline, focus on anti-bullying, leadership, self-defense and develop the “yes I can” winning attitude with this fun & exciting introduction to Taekwondo! (includes camp T shirt)

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**Gymnastics Summer Camp – All Levels 6 – 15 years**

Michelle Sauerwein/Christine McNeal  
Monday - Thursday 8:45 a.m. - 11:30 a.m.  
July 10 – July 13  
Cost: $120/$142  
July 31 – August 3  
Cost: $120/$142

Come join us for a four-day fun and exciting gymnastics camp. Participants of all abilities will have the opportunity to try vault floor beam and bars in a supportive environment. Camp will also include themed days, a dance routine and final performance!

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**Tweedle Bugs - Gymnastics Summer Camp**

Jennie Delp  
3-4 years  
12:30 p.m. – 1:20 p.m.  
Jennie Delp  
4-5 years  
1:30 p.m. – 2:30 p.m
Sam Purifoy  
3-5 years  
6:30 p.m. – 7:30 p.m

Monday - Thursday  
July 10th - 13th  
Cost: $65/$76  
July 31st - August 3rd  
Cost: $65/$76

Children will be exploring the basics of gymnastics and tumbling through play, with an emphasis on: balance, strength, coordination and flexibility. They will build increased confidence, listening and social skills.

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**Music and Movement 3 - 6 years**

Damien Meyer  
Meyer School of Fine Arts  
Monday – Thursday 1:00pm-2:30pm  
July 10 – 13  
Cost: $70/82

This class is not your regular mommy and me music. Kids run, play and laugh while using games and props to learn not only the basics of music but music theory, history and composition. You're never too young to recognize Mozart from Beethoven!

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**Princess Elsa Tea Party 4-7 years**

Rachelle Meyer  
Meyer School of Fine Arts  
Monday – Thursday 1:00 pm.-3:00pm.  
June 26 - 29  
Cost: $70/82

Queen Elsa would like to cordially invite all princesses to the palace for a tea party and royal ball. Of course it will be of a frozen nature. Get ready for a day of dancing, princess crafts, face painting and games with prizes fit for royalty.

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**Sign Up Early to Save Money and Save your Spot**  
Early registration discount ends 5 calendar days prior to the beginning of a class or event.  
All prices listed in this catalogue are regular registration prices
Princess Tea Party  4-7 years
Rachelle Meyer  Meyer School of Fine Arts
Monday – Thursday  1:00p.m-3:00p.m
August 28 – 31  Cost: $70/82
All Princesses, Kings, Queens and furry animals of Wonderland are cordially invited to join Alice for a tea party. Of course we will have tea and cake, but what’s a party without games and dancing; including face painting, courtly dances, fashion show and races with prizes.

Ballet & Lyrical Dance Summer Camp for teens  12-17 years
Rachelle Meyer  Meyer School of Fine Arts
Monday – Thursday  1:00pm-3:00pm
July 17 - 20  Cost: $70/82
Performance on Friday July 28th afternoon at the Main Stage of Old Fashioned Festival.
We will explore improving dance technique and working on three graceful elements to ballet and lyrical that will take you to the next level, turns, leaps and stretching to receive improved height and balance. Learn a Classical Ballet such as Swan Lake or Copelia and each of you will be encouraged to practice improvisation during the Lyrical choreography! If signing up for Jazz, Hip Hop and Modern Dance, you may bring a lunch and take them back to back.

Jazz /Hip Hop & Modern Dance Summer Camp for teens  12-17 years
Rachelle Meyer  Meyer School of Fine Arts
Monday – Thursday  1:00pm-3:00pm
July 17 - 20  Cost: $70/82
Performance on Friday July 28th afternoon at the Main Stage of Old Fashioned Festival.
We will explore three different genres of dance, all similar in some ways, and unique in others. Get ready to sweat, dance and have fun! As well as learning a routine in each genre at the end of the day, you will also get a chance to learn about choreography and to create some of your own. If you want to enhance your balance, technique, try greater turns and leaps, this class is for you! Take back to back with Ballet and Lyrical!

Jazz Jam Dance Summer Camp
Jennie Delp  6 – 11 years
Chehalem Armory  Dance Room
Monday – Thursday  12:30 p.m. - 1:30 p.m.
July 24 – 27  Cost: $50/$60
Performance on Friday July 28th afternoon at the Main Stage of Old Fashioned Festival. Kick up the tempo in this high-energy modern, jazz and hip hop dance class. Learn dance basics, techniques, showmanship, plus build your confidence too. (includes camp T shirt)

Zumba Kids® Summer Camp – Trip Around the World  6 -12 years
Jennie Delp
Chehalem Armory  Dance Room
Monday – Thursday  2:00 p.m. - 3:30 p.m.
July 24 – 27  Cost: $63/$73
Performance on Friday July 28th afternoon at the Main Stage of Old Fashioned Festival. Your children will “travel” around the world being introduced to dances, rhythms, crafts and games from different cultures. This class emphasizes movement, dance and exercise, building confidence and showing kids that it is ok to dance like nobody is watching. (includes camp T shirt)
GYMNASTICS
All gymnastics classes and camps are held in the Armory Main Hall

Gymnastics Summer Camp –
All Levels  6 – 15 years
Michelle Sauerwein/ Christine McNeal
Monday - Thursday  8:45 a.m. - 11:30 a.m.
July 10 – July 13  Cost: $120/$142
July 31 – August 3  Cost: $120/$142
Come join us for a four-day fun and exciting gymnastics camp. Participants of all abilities will have the opportunity to try vault floor beam and bars in a supportive environment. Camp will also include themed days, a dance routine and final performance!

Private/Semi Private Gymnastics

Classes  Christine McNeal
Private Lesson  Cost: $50 per student
Semi-Private Lesson (2 participants)  Cost: $25
  Per student (Must bring own buddy to register)
Group Lesson (3 or 4 participants)  Cost: $25
  Per student (Must bring own buddy to register)
Call Matt Compton to register  503-519-5747

Tweedle Bugs - Gymnastics Summer Camp
Jennie Delp  3-4 years
Monday - Thursday  12:30 p.m. – 1:20 p.m.
Jennie Delp  4-5 years
Monday - Thursday  1:30 p.m. – 2:30 p.m
Sam Purifoy  3-5 years
Monday - Thursday  6:30 p.m. – 7:30 p.m
July 10th - 13th  Cost: $65/$76
July 31st - August 3rd  Cost: $65/$76
Children will be exploring the basics of gymnastics and tumbling through play, with an emphasis on: balance, strength, coordination and flexibility. They will build increased confidence, listening and social skills.

YOUTH PROGRAM

Guitar for Teens and Tweens
Damien Meyer  Meyer School of Fine Arts
Fridays  2:00pm -3:00pm
July 7 – 28  Cost: $70/82
August 4 – 25  Cost: $70/82
Do you love music? Come learn the basics of how to hold and take care of your instrument, play chords, read sheet music and play your favorite songs or begin to compose your own! Please bring your own guitar.

Parent and Me “Learn to Ice Skate”
SIA Instructor  2-3 years
20407 SW Borchers Dr.  Sherwood, OR
Saturdays  11:40 a.m. - 12:10 p.m.
July 1 – 29  Cost: $70/$82
August 5 – 26 (no class 8/19)  Cost: $46/$54
Student & parent learn to skate together. Parents who are already able to skate will assist the instructor in teaching their own child how to skate. SIA will charge a yearly insurance fee of $15 payable at first class.

Wee Tot “Learn to Ice Skate”
SIA Instructor  4-5 years
20407 SW Borchers Dr.  Sherwood, OR
Saturdays  12:15 p.m. - 12:45 p.m.
July 1 – 29  Cost: $60/$70
August 5 – 26 (no class 8/19)  Cost: $40/$46
Wednesdays  5:30 p.m. - 6:00 p.m.
June 7 - 28  Cost: $50/$58
July 5 – 26  Cost: $50/$58
August 2 – 30  Cost: $50/$58
Enables youngsters to feel comfortable marching & gliding on the ice. Learn to be balanced & stand on the ice, fall down and get up safely, all in a fun and playful environment. SIA will charge a yearly insurance fee of $15 payable at first class.
### Piano for Kids 5 - 8 years

<table>
<thead>
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This class is designed to teach piano and music therapy to kids of a young age. Forget the old fashioned way to learn - sitting still, facing the piano and afraid to touch it. This class will set kids free - instilling passion for music and this instrument. We draw, create our colorful music therapy book, race to the piano and create fun, fun, fun!

### Newberg’s Got Talent

Performing on the Children’s Stage at the Old Fashioned Festival  Friday July 28, 2017
2:00pm-4:30pm Memorial Park – Main Stage

We are **recruiting** 15 acts to **show off and perform on the Children’s Stage**! Groups are encourage to work together in sharing your talents – **singing, playing an instrument, martial arts, dancing, jump roping and anything else that impresses your family and friends**. Earn some serious likes on your parent’s Facebook page by entering our talent show.

**Friday July 14th, Talent Show Application/Letter of Interest Deadline**

**Friday July 21st, Tryouts at CPRD District Offices (125 S Elliott Rd)**

**Friday July 28th at 2pm. Performance time!!!**

Send letters of interest to mcompton@cppnewberg.org

### Pre-Ballet/Tap Classes 2-3 years

<table>
<thead>
<tr>
<th>Rachelle Meyer</th>
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<tbody>
<tr>
<td>Tuesdays</td>
<td>10:00 a.m.-11:00 a.m.</td>
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<tr>
<td>June 6 - 27</td>
<td>Cost: $70/82</td>
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<tr>
<td>July 11 - 25</td>
<td>Cost: $55/64</td>
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<td>August 1 - 22</td>
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This is your first ballet class! Learn how to interact successfully with students and teachers in a classroom as well as how to become a ballerina - basic ballet steps and proper technique. Kids won’t ever realize they are learning as they leap, play and dance with scarves, props and play our favorite games!

### Painting for Tots 2 - 3 years

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</table>

For your first introduction to art we will have fun, not only leaning how to interact successfully in a classroom and with a teacher but also having messy, colorful fun! Not necessary for parents to stay, but ok. Bring watercolor paper.

### Painting for Kids 4 - 6 years

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<tr>
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<td>Cost: $70/82</td>
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<td>August 2 - 23</td>
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</table>

In this fun class kids will learn how to draw and paint with different mediums such as acrylics, watercolor and more! We will learn how to ‘see’ like an artist. Bring watercolor paper.
ADULT PROGRAMS

Gentle & Hatha Yoga with Adina
Adina McConaughey  13+ years
CPRD Community Center  502 E. Second Street
Tuesdays
No Class 7/4, 7/11 and 8/1
Gentle & Beginning Yoga -  6:15 p.m. – 7:15 p.m.
Yoga, to loosen tight muscles and gain flexibility in a holistic way. Beginners or those who want a more gentle practice on the joints will enjoy this class. It can be modified with chairs or barre as needed. Bring a mat!
Yoga Flow -  7:30 p.m. – 8:30 p.m.
This vinyasa flow style class will get your cardio on! Get your body moving in this intermediate yoga class, props can be used for active beginning students as well. This fun class will improve strength, flexibility & overall well-being! Bring a mat!
Punch Cards:  5 session $40/$48  10 session $80/$96 Drop in fee: $8/$10 *Purchase before class*

Tai Chi (Short Yang Form)
Michael Roberts  14+ years
CPRD Community Center  502 E. Second Street
Thursdays  6:00 p.m. – 7:00 p.m.
Punch Cards 4 Session: $44/$53  8 Session: $80/$96 Drop in fee: $12/$15 *Purchase before class*
Tai Chi is meditation in motion. It is a form of relaxation for the physical and mental being while improving balance, strength and flexibility.

First Aid, CPR & AED  15+ years
Wendy Roberts / Krista Miller
Chehalem Aquatic Center  1802 Haworth Ave.
Saturday  9:00 a.m. – 2:00 p.m.
July 22  Cost: $75/$88
August 19  Cost: $75/$88
September 23  Cost: $75/$88
This course is designed to be fun and interactive while meeting the standards and OSHA guidelines. Completion of this course will provide you with a two year certification.

Boxing for Fitness - General
Bodydrive Fitness LLC  9+ years
CPRD Crabtree Room  125 S Elliott Road
Tuesdays  6:00 p.m. – 6:45 p.m.
June 6 - 27  Cost: $39/$45
August 1 - 22  Cost: $39/$45
Tuesdays and Thursdays
July 11 - 20  Cost: $39/$45
Wanna hit something? Burn calories, build strength, power & cardiovascular fitness in this efficient workout class. Learn the fundamentals of basic punches & footwork. All body types & fitness levels encouraged. Instructors certified by USA Boxing.
*Summer Special* Boxing for Fitness
Entire Summer Season  6:00 p.m. – 6:45 p.m.
Tuesdays June 6 – 27
Tuesdays & Thursdays July 11 – 20
Tuesdays August 1 - 22  Cost: $85/$100
(No Class on July 4, July 6, July 25, July 27)

Zumba®  14+ years
Jennie Delp
CPRD Community Center  502 E. Second Street
Mondays & Wednesdays  6 p.m. - 7 p.m.
Chehalem Armory  620 N. Morton
Tuesdays & Thursdays  9:30 a.m. - 10:30a.m.
Punch Cards:  4 session $20/$24  8 session $40/$48 Drop in fee: $6/$8  *Purchase before class*
Fun Latin-dance based aerobic workout! No rhythm required! This class runs continuously throughout the year, observing appropriate holidays. With the punch card system you can join us whenever it works into your schedule, attending any combination of classes.

Adult Ballet (Senior Fitness)
Rachelle Meyer  Meyer School of Fine Arts
Fridays  2:00pm -3:00pm
July 7 – 28  Cost: $70/82
August 4 – 25  Cost: $70/82
Ballet is an excellent low impact way to exercise and gain strength. More fun than the gym - it's also a beautiful art form with relaxing classical music as an accompaniment. Learn to stretch and bend softly with the help of the Barre for support. It's never too late to be a ballerina.

Sign Up Early to Save Money and Save your Spot
Early registration discount ends 5 calendar days prior to the beginning of a class or event. All prices listed in this catalogue are regular registration prices
Tappin’ to the 50’s    (Senior Fitness)
Rachelle Meyer    Meyer School of Fine Arts
Fridays    1:00pm -2:00pm
July 7 – 28    Cost: $70/82
August 4 – 25    Cost: $70/82
Do you love to dance? Do you love to gather together with friends and dance to the oldies? Come have fun with us as we learn steps made famous a century ago - the Shim Sham Shimmy by Leonard Reed + Shave and a haircut by the famous Bojangles - all low impact, All fun.

Adult Beginning Guitar
Damien Meyer    Meyer School of Fine Arts
Fridays    1:00pm -2:00pm
July 7 – 28    Cost: $70/82
August 4 – 25    Cost: $70/82
Beginner’s guitar ensemble. Learn favorite songs, fundamentals of music and how to play with a group. Learn to play finger style guitar. Tailored to be easy on the hands. Please bring your own guitar

*New Class* Weekend Boot Camp in the Park / Ultimate Recess
Svitlana McAuley    13 and up
Jaquith Park/ Tennis Court Side    1215 N College
Saturdays    6:00 a.m. - 7:00 a.m.
July 5th – 28th    Cost: $46/$54
August 5th – 26th    Cost: $40/$46
Are you interested in getting fit, losing weight and having fun? If so come outside and play like a kid. You will build strength, and endurance to conquer your daily routine when you play your old favorite games. Challenge yourself and meet new friends!

*New Class* Pound™
Svitlana McAuley    16 and up
Chehalem Armory Dance Room 1802 Haworth Ave
Thursdays    7:00 p.m. - 8:00 p.m.
June 1st – 29th    Cost: $46/$54
July 6th – 27th    Cost: $40/$46
August 3rd – 31st    Cost: $40/$46
Fridays    9:00 a.m. - 10:00 a.m.
July 7th – 28th    Cost: $40/$46
August 4th – 25th    Cost: $34/$39
Pound™ is the world’s first cardio jam session inspired by the infections, energizing and sweat – dripping fun of playing the drums. Designed for all fitness levels, pound provides the perfect atmosphere for letting loose, getting energized, improving your health, and rocking out!

*New Class* Mommy and Me Fitness Boot Camp
Svitlana McAuley    16 and up
Jaquith Park/ Tennis Court Side    1215 N College
Wednesdays and Fridays    10:30 a.m. - 11:30 a.m.
July 5th – 28th    Cost: $58/$67
August 2nd – 30th    Cost: $64/$74
Welcome to 60 minutes of stroller fitness in the park! If you are ready to get back in shape, but not ready to leave your baby at the gym’s day care, then this boot camp is for you! Enjoy outside time with your baby, in this interval based class that incorporates cardio, strength and core for a total body workout.
Facilities & Parks Around the District

Facilities

District Office
125 S. Elliott Road

Aquatic & Fitness Center
1802 Haworth Avenue

Armory & Youth Center
620 Morton Street

Community Center
501 2nd St.

Senior Center
101 West Foothills Drive

Golf Course
4501 E Fernwood Road

Parks

Crabtree
Worden Hill Road
Dundee, OR 97115

Jaquith
1215 N. College Street

Memorial
411 S. Howard Street

Darnell Wright Sports Complex
303 W. Foothills Dr.

Bob & Crystal Rilee Park and Farmhouse
10500 NE Parrett Mountain Rd

Dundee Billick Park
320 SW 5th Street
Dundee, OR 97115

Facility Rentals

Please call the Aquatics Center to make reservations unless otherwise noted.

Aquatic & Fitness Center
Bring your friends and family for a fun time in the pool! Hourly rates available for the pool, hot tub, outdoor patio and multipurpose room.

Armory & Youth Center
A great place for weddings, quinceaneras, and family get togethers.

Community Center
Hold a dance party or exercise class in the 1950’s style building with smooth linoleum floors!

Senior Center - (503) 537-9404 for rental questions.
A great place for meetings or other small events.

Chehalem Glenn Golf Course & Pavilion
Branden Thompson (503) 538-5800 for rental questions.
Weddings, golf tournaments and other events are tons of fun at this beautiful indoor/outdoor facility.

District Offices
A great place for meetings or other small classes.

Parks
Park shelters are available for rent
May 1 – September 30.

For more information on how to rent one of these facilities or park shelters please call the Aquatics Center at (503) 537.2909 unless otherwise noted.

Sign Up Early to Save Money and Save your Spot
Early registration discount ends 5 calendar days prior to the beginning of a class or event. All prices listed in this catalogue are regular registration prices
Showcase your stardom

Newberg’s Got Talent

Friday July 28, 2017 2:00pm-4:30pm

We are looking for 15 AMAZING acts to showcase their talents!!

FRIDAY JULY 14TH LETTER OF INTEREST DEADLINE

FRIDAY JULY 21ST TRYOUTS AT CPRD DISTRICT OFFICE (125 S ELLIOTT RD)

FRIDAY JULY 28TH 2PM. PERFORMANCE TIME!!!

Send letters of interest to Matt Compton
CPRD Recreation Specialist
mcompton@cprdnewberg.org